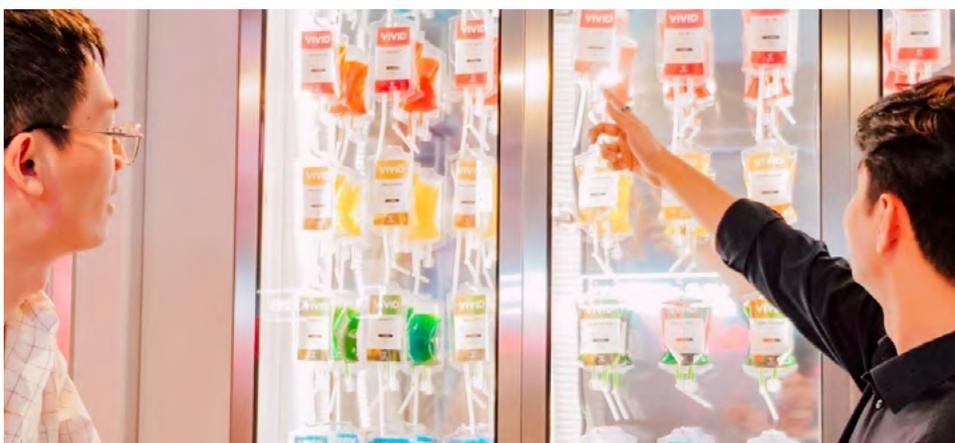


# VIVID

M E N U





## Welcome to the world of personalised IV experiences

**VIVID** by Verita Health is your one-stop shop for science-backed beauty and wellness, which combines a vibrant IV drip bar, anti-ageing and aesthetics hub, and five-star hotel facilities. Our goodness-packed IV formulas are precision-engineered to help you live a healthy life while looking and feeling your best.

Choose from the best-selling, celebrity-endorsed IV infusions or mix and match potent nutrients in our vast collection to create a fully customised formula to address your individual concerns. We also offer advanced cellular and aesthetic treatments utilising advanced anti-ageing protocols curated by Verita Health's team of global researchers, as well as in-depth consultations. Our therapists, health practitioners and aestheticians specialise in fields ranging from functional medicine and performance enhancement to facial and body rejuvenation, and can help you devise a personalised wellness plan.

**VIVID's** range of highly effective and safe formulas offered as infusions, pushes and shots is designed to promote a host of health benefits, while Verita's exclusive Elements of Wellness programme helps you reach your wellness goals faster thanks to medical-grade oxygen and photo-luminescence therapy to recharge the internal system by increasing O2 levels in the body and balance the circadian rhythm.

At **VIVID**, we go to great lengths to make you feel as relaxed and at home as possible. Our bright treatment rooms with vibrant accents and natural daylight are designed to promote well-being and help you decompress. Pop in for an express IV drip or make a day out of it — the dining and spa outlets at Anantara Siam Bangkok offer plenty of opportunities for enjoying a bit of indulgence. A leafy courtyard that we share with zen Aqua Bar invites peaceful contemplation over healthy smoothies and cold-pressed juices.

At **VIVID** we believe that there are no limits to wellness. If you are ready to take a proactive approach to wellbeing, we are here to guide you every step of the way and help you achieve your goals.

# IV Therapies

Transform your health and vitality with VIVID's nutritional IV therapy. Packed full of nutrients such as amino acids, vitamins, minerals and antioxidants, our IV menu offers well-researched, safe and scientifically proven solutions.

## IMMUNITY

### GUARD + DEFEND

Strengthen your immune system against infection to fight off cold and flu symptoms while fortifying your body's natural defence system.

---

IV DRIP  
40 MINS  
THB 4,500

## YOUTH

### REJUVENATE + RESTORE

Turn back the clock with a complete B-complex formula enhanced with extra B12 to nourish the brain and nervous system, and NAD+ to stimulate cell regeneration for increased energy, faster metabolism.

---

IV DRIP  
40 MINS  
THB 4,500

## SLIM

### BURN + BUILD

Increase your metabolism to stimulate fat burning and toxin elimination while reducing appetite and supporting muscle growth.

---

IV DRIP  
40 MINS  
THB 4,500

## HANGOVER

### RECOVER + REVITALISE

Rehydrate and flush out alcohol toxins to reset your system after a big night out.

---

IV DRIP  
40 MINS  
THB 4,500

## MYERS' COCKTAIL

### ENERGISE + STRENGTHEN

Perhaps the most famous drip of them all. It has been used to boost the immune system and treat symptoms of chronic conditions such as asthma, fibromyalgia, fatigue, and migraines.

---

IV DRIP  
40 MINS  
THB 4,500

## BEAUTY

### GLOW + REJUVENATE

Promote collagen production and a healthy glow with antioxidants to rejuvenate and protect your complexion from UV and free radical damage.

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IV DRIP  
40 MINS  
THB 4,500

## BRAIN

### FOCUS + ENHANCE

Unleash mental precision and focus to enhance brain performance, elevate memory retention and increase attention levels.

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IV DRIP  
40 MINS  
THB 4,500

## RECOVERY

### HEAL + REGENERATE

Recover faster from workouts and get back in the game by boosting cell regeneration, promoting tissue recovery and reducing inflammation.

---

IV DRIP  
40 MINS  
THB 4,500

# IV Therapies

## ENERGY

### INVIGORATE + REFRESH

Erase tiredness and fatigue for improved mental clarity and supercharge energy levels by decreasing toxicity levels within the body.

---

IV DRIP  
40 MINS  
THB 4,500

## JET LAG CURE

### REVIVE + REGULATE

Just get off a long flight and want to hit the ground running? Formulated with Vitamin C, B and zinc as main ingredients, this energy-boosting and sleep-improving drip will help banish jet lag in no time, as well as helping those who struggle with sleep due to shift work or insomnia.

---

IV DRIP  
40 MINS  
THB 4,500

## GUT HEALTH

### SOOTHE + BALANCE

Designed to reduce discomfort in those suffering from auto-immune disease flare-ups, leaky gut, IBS, Crohn's Disease and Rheumatoid Arthritis, this drip is formulated with zinc and turmeric to reduce gut inflammation and gut permeability. We added Vitamin C for improved nutrient absorption and better gut bacteria balance.

---

IV DRIP  
40 MINS  
THB 4,500

## PEAK SPORT

### RECOVERY + GROWTH

Achieve peak performance and care for your body after exercise with an IV drip that promotes detoxification and faster recovery, eliminates soreness and helps you re-build stronger muscle cells.

---

IV DRIP  
40 MINS  
THB 4,500

## LIVER DETOX

### CLEANSE + PROTECT

Flushing out toxins, nourishing your liver and offering protection against oxidative stress, Liver Detox drip works by infusing your body with vital antioxidants ALA and Glutathione, as well as selenium, and a high dose of Vitamin C to boot fatigue off.

---

IV DRIP  
40 MINS  
THB 4,500

## HAIR, SKIN & NAILS ELIXIR

### REJUVENATE + STRENGTHEN

Boost the strength, health and appearance of your hair, skin and nails with a super-charged dose of Vitamin C, zinc and Resveratrol, a trio of powerful antioxidants that work from the inside out by helping your body remove free radicals.

---

IV DRIP  
40 MINS  
THB 4,500

## OFFICE SYNDROME

### RELIEF + PREVENT

Say goodbye to tense neck and shoulders with an infusion designed to relax muscle and soften any trigger points by improving blood circulation. Feel instant pain relief and rapid healing.

---

IV DRIP  
40 MINS  
THB 4,500

## POST-SURGERY SUPPORT

### HEALING + IMMUNITY

Help your body heal after an invasive procedure with a cocktail of vitamins and antioxidants to support your immune system, speed up wound healing and decrease inflammation.

---

IV DRIP  
40 MINS  
THB 4,500

# IV Express

## IMMUNITY

### GUARD + DEFEND

Strengthen your immune system against infection to fight off cold and flu symptoms while fortifying your body's natural defence system.

---

IV EXPRESS  
15 MINS  
THB 2,500

## YOUTH

### REJUVENATE + RESTORE

Turn back the clock with a complete B-complex formula enhanced with extra B12 to nourish the brain and nervous system, and NAD+ to stimulate cell regeneration for increased energy, faster metabolism.

---

IV EXPRESS  
15 MINS  
THB 2,500

## SLIM

### BURN + BUILD

Increase your metabolism to stimulate fat burning and toxin elimination while reducing appetite and supporting muscle growth.

---

IV EXPRESS  
15 MINS  
THB 2,500

## ENERGY

### INVIGORATE + REFRESH

Erase tiredness and fatigue for improved mental clarity and supercharge energy levels by decreasing toxicity levels within the body.

---

IV EXPRESS  
15 MINS  
THB 2,500

## MYERS' COCKTAIL

### ENERGISE + STRENGTHEN

Perhaps the most famous drip of them all. It has been used to boost the immune system and treat symptoms of chronic conditions such as asthma, fibromyalgia, fatigue, and migraines.

---

IV EXPRESS  
15 MINS  
THB 2,500

## BEAUTY

### GLOW + REJUVENATE

Promote collagen production and a healthy glow with antioxidants to rejuvenate and protect your complexion from UV and free radical damage.

---

IV EXPRESS  
15 MINS  
THB 2,500

## HANGOVER

### RECOVER + REVITALISE

Rehydrate and flush out alcohol toxins to reset your system after a big night out.

---

IV EXPRESS  
15 MINS  
THB 2,500

## LIVER DETOX

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Flushing out toxins, nourishing your liver and offering protection against oxidative stress, Liver Detox drip works by infusing your body with vital antioxidants ALA and Glutathione, as well as selenium, and a high dose of Vitamin C to boot fatigue off.

---

IV EXPRESS  
15 MINS  
THB 2,500

# Add on: Elements of Wellness

Combining the healing powers of Mother Nature with cutting-edge technology, our alternative therapies help to naturally reset the body and mind. Available exclusively for IV patients as add-on treatments.

## MEDICAL-GRADE OXYGEN THERAPY ADD-ON



Medical Grade Oxygen Therapy. Available with or without Aromatherapy. Increase your body's oxygen levels to keep cells healthy, reduce inflammation, and increase energy levels.

Oxygen helps to alleviate stress, reduces hangover symptoms, promotes recovery and increases alertness.

---

20 MINS  
**THB 900**

## LUMINETTE LIGHT THERAPY ADD-ON



Benefit from the replenishing effect of the sun in a safe, controlled environment to balance the circadian rhythm and elevate mood while encouraging a night of restful deep sleep.

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20 MINS  
**THB 800**

## NORMATEC LEG COMPRESSION THERAPY ADD-ON



Improve mobility and recover faster with Normatec - patented technology using dynamic air compression to create a restorative massage that helps you feel refreshed faster.

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30 MINS  
**THB 900**  
A La Carte  
**THB 1,500**

# Add-on Nutrients

Sometimes a mixed bag can be a good thing. Pick and choose your supplements to create a cocktail perfectly calibrated to meet your individual needs.

## VITAMIN C

2000 mg

Vitamin C is vital to immune function. An essential precursor to collagen, it also helps to make skin look radiant, promotes wound healing, prevents wrinkles and helps with iron absorption.

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THB 500

## VITAMIN B6

100 mg

It plays a role in improving brain function and preventing Alzheimer's disease. High doses of B6 have been used to treat PMS, age-related vision loss and nausea during pregnancy.

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THB 500

## VITAMIN B12

1000 mg

In healthy people, regular injections of B12 can boost energy levels and help with weight loss and mood regulation.

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THB 500

## Zinc

10 mg

A mineral that your body uses for fighting off infections and producing cells, zinc is important for healing injuries, creating DNA, immune function, metabolism and growth.

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THB 500

## GLUTATHIONE

600 mg

Being a very strong antioxidant, glutathione protects your body from cell-damaging free radicals. Maintaining glutathione levels also helps reduce cell damage in liver disease.

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THB 1,200

## SELENIUM

400 uq

Selenium is necessary for thyroid hormone metabolism, DNA synthesis, reproduction and protection from infection.

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THB 500

## N-ACETYL

600 mg

NAC helps replenish the most powerful antioxidant in our body, glutathione, as well as helping with chronic respiratory conditions, fertility and brain health.

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THB 500

## RESVERATROL

25 mg

has been linked to many health benefits, including protecting brain function and lowering blood pressure.

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THB 1,200

## VITAMIN D

300,000 iu

Vitamin D is key to a healthy immune response. It has anti-inflammatory and immunoregulatory effects and is important for immune system activation.

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THB 2,500

# Add-on Nutrients

Sometimes a mixed bag can be a good thing. Pick and choose your supplements to create a cocktail perfectly calibrated to meet your individual needs.

## VITAMIN B1 (THIAMINE)

100 mg

Helps your body convert carbohydrates into energy and supports healthy brain and heart function. It is essential for proper nerve function and helps prevent complications related to deficiency.

THB 500

## MAGNESIUM

250 mg

Magnesium is essential for muscle and nerve function, helping regulate muscle contractions and heart rhythm. It supports energy production and plays a key role in bone health. Magnesium also helps maintain normal blood pressure and blood sugar levels.

THB 500

## FOLIC ACID (VITAMIN B9)

5 mg

Essential for DNA synthesis and the production of healthy red blood cells. It helps prevent megaloblastic anemia and supports normal cell growth and development.

THB 800



# Regenerative Treatments

## HEAVY METAL TOXICITY TEST

### What are heavy metals?

While some heavy metals are essential for health others (Lead, Mercury, Cadmium, Manganese, Chromium, Cobalt, Nickel Arsenic, Aluminium) have a negative effect and can even be fatal at high levels. Yet heavy metals regularly enter the body through the contaminated air we breathe, water we drink and food we eat.

### Why test for them?

Even at lower levels, heavy metal toxicity can lead to headaches, nausea and pain. And as time progresses and levels in the body accumulate, heavy metals can even cause cancer, dementia, nervous system damage and developmental risks in utero

### How does the test work?

A blood sample is screened at the VIVID lab for nine main heavy metals, as well as indicators of organ function. For those with high levels of toxicity, we recommend a course of EDTA chelation drips spread over a few weeks to completely detox the body.

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**THB 5,000**

## EDTA CHELATION

DETOX + CLEANSE

DTA removes harmful toxins and heavy metals from the body by binding with them to facilitate their excretion through the kidneys into the urine.

Chelating agents delivered via IV bypass the digestive system, ensuring 100% absorption for maximum effectiveness.

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**1 Session - THB 5,000**  
**5 Sessions - THB 20,000**

# Regenerative Treatments

## OZONE THERAPY

RENEW + INVIGORATE

Designed to increase the oxygen level in your blood to boost your immune system and enhance anti-ageing by oxygenating the tissues in the body. Ozone therapy has many benefits, including detox, improving circulation, cardiovascular health, and managing chronic fatigue and stress.

The treatment involves drawing 150 - 200 ml of the patient's blood, which is then infused with ozone.

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**1 Session - THB 5,000**  
**5 Sessions - THB 20,000**

## BENEFIT



Boost immune system



Improve blood circulation



Reduce inflammation



Eliminate yeast, viruses, bacteria, and fungi



Increase in Healthy Cells

# NK CELL THERAPY

Natural Killer (NK) cells are the body's first line of defence against infection, cancer and autoimmune disease, but their activity can be negatively impacted by stress, fatigue, infections and certain medications, as well as ageing. Take matters in your own hands and give your NK cells a boost.

## NK CELL ACTIVITY TEST



Measuring the level of your Natural Killer (NK) cell, to see how strongly your body can defend itself against harmful abnormal cells. A sample of your blood is drawn and submitted to the laboratory.

The test is completed within 72 hours. This test will guide you in assessing your risk of disease or cancer and deciding to have a highly active NK cell therapy which helps boost your immune system to a healthier level.

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**THB 9,900**

## NK CELL THERAPY

REVERSE + PREVENT



Replenish NK cells naturally with a therapy that draws a small amount of blood from the patient, from which your own healthy NK Cells are extracted, multiplied and then reinfused. The result is a complete rejuvenation and magnification of your body's immune system.

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**THB 190,000**

# Prepaid Programme

## VIBRANT



**20% savings**  
on IV therapy, regenerative, and add-on

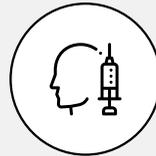
**5% savings**  
on Supplements

Benefits are valid for 365 days from the day  
of purchase.

---

**THB 50,000**

## VIRTUOSO



**25% savings**  
on IV therapy, regenerative, and add-on

**10% savings**  
on Supplements

Benefits are valid for 365 days from the day of  
purchase.

**Available only weekdays  
from 10.00 am - 2:00 pm**

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**THB 80,000**

## VITAL



**25% savings**  
on IV therapy, regenerative, and add-on

**10% savings**  
on Supplements

Benefits are valid for 365 days from the day  
of purchase.

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**THB 100,000**

# Packages

## DOUBLE TREAT

A DRIP PACK JUST FOR YOU



A good starter pack for everyone who loves IV drip. Want a bit of everything, here's a pack of 2 drips just for you.

### Double Treat Package Includes:

2 x IV drips of your choice  
in one visit

**THB 8,000**

## BODY DEFENCE

IMMUNE BOOSTING PACK



Inactivate biological contaminants, including viruses, and get a more responsive immune system to help you fight off cold and flu symptoms.

### Body Defence Package Includes:

1 x Immunity IV drip  
1 x Ozone Therapy  
1 x Vitamin D Shot

**THB 10,000**

## GLUTA MAX

DETOX AND REPLENISH



Protect your cells from damaging free radicals and your body from chronic diseases as well as getting clearer, brighter skin with this master detoxifier.

### Gluta Max Package Includes:

5 x Glutathione IV drips  
\*This Package is valid for 180 days  
from the purchase date

**THB 11,000**

## DRIP LOVER

BODY WANTS, BODY GETS



A regular visit to Vivid for an IV drip is a necessary part of a healthy lifestyle. Our Drip Lover allows you to drop in whenever you are in need of a pick-me-up and you can also share it with friends or family members

### Drip Lover Package Includes:

5 x IV drips of your choice:  
Beauty / Brain / Energy /  
Hangover / Immunity /  
Myers' / Recovery /  
Slim/Youth

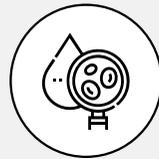
\*This Package is valid for 365 days  
from the purchase date

**THB 19,500**

# BLOOD SAMPLE TEST

Results in 10 Minutes

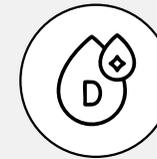
## HBA1C (HEMOGLOBIN A1C)



Is a blood test that shows your average blood sugar level over the past 2-3 months. It measures how much glucose is attached to hemoglobin in red blood cells.

**THB 800**

## VITAMIN D QUANTITATIVE BLOOD TEST



Measures the exact level of vitamin D in your blood, usually as 25-hydroxyvitamin D [25(OH)D]. It helps assess whether you have deficiency, insufficiency, or adequate levels.

This test is commonly used to evaluate bone health, fatigue, or to monitor vitamin D supplementation.

**THB 2,500**

# LABORATORY TEST

Signs of a vitamin deficiency can vary from person to person. Even if you're regularly taking supplements and multivitamins, you might still be lacking in crucial antioxidants, minerals and vitamins due to health and lifestyle factors. Get tested to ensure you are getting all the micronutrients your body needs.

## MICRONUTRIENTS TEST

### What are micronutrients?

Micronutrients are the vitamins and minerals that are essential for healthy living. While organic, most vitamins are not produced by the body, and must be gained by a nutritious, balanced diet. Minerals, meanwhile, are inorganic, and must be gained through diet and supplements alone.

### Why test for them?

Vitamins A through K, antioxidants, major minerals and trace elements regulate growth, development and metabolism, and as such are vital for staying healthy and young. But with hectic schedules, we often eat an unbalanced diet without even realising. Deficiencies can lead to low energy levels, poor immunity, brain fog, signs of ageing and even serious illness.

### How does the test work?

At VIVID, we take a tiny amount of blood and test for important vitamins and minerals at our quality-certified lab. A doctor will then present your results, along with recommendations for lifestyle and diet changes and ideal IV infusions to address your specific needs.

### Micronutrients profile test includes:

- |                                       |                             |                               |
|---------------------------------------|-----------------------------|-------------------------------|
| <b>1</b> Vitamin A (Retinol)          | <b>7</b> beta-Cryptoxanthin | <b>13</b> Selenium (Se)       |
| <b>2</b> Vitamin E (gamma-Tocopherol) | <b>8</b> Lycopene           | <b>14</b> Zinc (Zn)           |
| <b>3</b> Vitamin E (alpha-Tocopherol) | <b>9</b> alpha-Carotene     | <b>15</b> Magnesium (Mg)      |
| <b>4</b> Vitamin C (Ascorbic acid)    | <b>10</b> beta-Carotene     | <b>16</b> Vitamin B12         |
| <b>5</b> Coenzyme Q10                 | <b>11</b> Chromium (Cr)     | <b>17</b> Folate              |
| <b>6</b> Lutein + Zeaxanthin          | <b>12</b> Copper (Cu)       | <b>18</b> Ferritin            |
|                                       |                             | <b>19</b> 25-OH Vitamin D2/D3 |

The results will be presented in the form of "Graphic Report and Preliminary Interpretation" for ease of reading, and will be ready in five days.

**THB 16,900**

# LABORATORY TEST

## SERUM IRON

Iron is essential for growth and development. If you are deficient, your blood carries less oxygen from the lungs throughout the body resulting in weakness, tiredness, lack of energy, and problems with concentration and memory.

Lab results will be provided within 1 day.

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**THB 800**

## VITAMIN D

Vitamin D helps your body absorb calcium, and together they protect you from developing osteoporosis, a disease that makes bones more likely to break. Your body makes vitamin D when your bare skin is exposed to the sun, but not from sunlight through a window, and less when it's cloudy.

Lab results will be provided within 1 day.

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**THB 2,000**

## VITAMIN B2

We need riboflavin (also called vitamin B2) for the proper functioning of the immune system, healthy skin and hair. It also helps turn the food we eat into the energy we need.

Lab results will be provided within 10 days.

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**THB 2,000**

## ZINC

In addition to helping wounds heal, Zinc helps the immune system fight off invading bacteria and viruses. Zinc deficiency can cause hair loss, diarrhoea, loss of appetite, as well as affecting your senses of taste and smell.

Lab results will be provided within 5 days.

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**THB 800**

## VITAMIN B12

B12 keeps your body's blood and nerve cells healthy, as well as helping prevent megaloblastic anaemia, a blood condition that makes people tired and weak. Symptoms of B12 deficiency include loss of appetite, weight loss, infertility, depression, confusion and poor memory.

Lab results will be provided within 1 day.

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**THB 800**

## VITAMIN B6

If you don't get enough vitamin B6, you might experience anaemia, itchy rashes, scaly skin on the lips, and cracks at the corners of the mouth. Other symptoms of very low vitamin B6 levels include depression, confusion, and a weak immune system. Get tested if you've been experiencing mood swings.

Lab results will be provided within 10 days.

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**THB 2,000**

## FOLIC ACID

Present in many foods, folate is needed to make DNA and for the cells to divide. In women who don't get enough folate, there is an increased risk of having a premature or low birth weight baby.

Lab results will be provided within 1 day.

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**THB 800**

## VITAMIN B1

Vitamin B1, or thiamine, helps prevent complications in the nervous system, brain, muscles, heart, stomach, and intestines. It is also involved in converting food into energy.

Lab results will be provided within 10 days.

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**THB 2,000**

## VITAMIN C

A powerful antioxidant, Vitamin C protects cells from the damage caused by free radicals. The body also needs it to make collagen for the wounds to heal and to maintain a healthy immune system. Get tested if you have bumpy "chicken skin" on the back of the upper arms, thighs or buttocks.

Lab results will be provided within 10 days.

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**THB 2,500**

# KIDNEY AND LIVER FUNCTION LABORATORY TEST (WITH BLOOD COUNT)

If you have a history of liver or kidney disease or have been exhibiting symptoms such as weakness, fever, easy bruising or fatigue, a blood test can help determine if your liver and kidneys are functioning as they should. The test is also recommended as part of our pre-screening procedure to rule out any contraindications before administering certain treatments.

## **Why test for kidney and liver function?**

A severe decrease in kidney function can lead to a build-up of toxins in the blood. Moreover, it is quite common to not exhibit any symptoms over a number of years leaving the condition undetected until it has progressed to the point where your kidney function is quite low. Liver damage, meanwhile, can lead to scarring (cirrhosis) and subsequent liver failure, a life-threatening condition. Early detection and treatment may give the liver time to heal, while modifying your diet helps to reduce the workload of the kidneys.

## **How does the test work?**

A single test can evaluate how well your kidneys and liver are working, as well as monitoring the progression or treatment of an existing disease. A small amount of blood will be drawn at the clinic and sent to a specialist laboratory to be analysed. Your results will be ready in one day.

## **The test includes:**

- BUN test measuring the amount of urea nitrogen in your blood. Higher than normal BUN levels may be a sign that your kidneys aren't working well;
- Creatinine test is a measure of how well your kidneys are performing their job of filtering waste from your blood;
- Liver function test to determine the health of your liver by measuring the levels of proteins, liver enzymes, and bilirubin in your blood;
- G6PD test to measure the levels of glucose-6-phosphate dehydrogenase (G6PD), an enzyme in your blood, to ensure you can tolerate high doses of Vitamin C;
- A complete blood count including red blood cells, white blood cells, and platelets to check for anaemia, a common complication of kidney disease.

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**THB 1,500**

# FOOD INTOLERANCE LABORATORY TEST

If you have difficulty digesting certain foods or having an unpleasant physical reaction to them, you might have a food intolerance or allergy. But before opting for a self-imposed dietary restriction that comes with an increased risk of nutritional deficiency, it is important to understand if you are suffering from an intolerance, an allergy or a more serious underlying cause.

If your quality of life is affected by such symptoms as bloating, indigestion, skin allergies and a variety of chronic conditions, a food intolerance laboratory test is a good place to start.

## **Why test for food intolerance?**

Although 45% of the population is estimated to suffer from some form of food intolerance, it is hard to isolate which foods are responsible for which symptoms. To eliminate guesswork and uncertainty, a food intolerance laboratory test will help identify the most likely food groups that are causing the adverse reaction.

## **How does the test work?**

Our IgG antibody test uses a small blood sample which is taken at the clinic and sent to the lab to screen 222 panels. Results are returned within seven days, and a nutritionist will go through the results with you and suggest sustainable dietary changes. Benefit from increased levels of energy, as well as better weight management, sleep, immunity and overall well-being.

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**THB 25,000**

# SUPPLEMENTS

## Get a healthy boost!

Healthy eating habits are crucial to our well-being, as our bodies depend on us for a steady supply of vitamins, minerals, and other nutrients. Yet it can be challenging to get all the essential nutrients we need from food alone, especially if you are following a restricted diet or suffering from a chronic condition. Our specially formulated dietary supplements provide adequate amounts of essential nutrients, ensuring that all your nutritional needs are met.

### SLEEP BOOSTER

5-Hydroxytryptophan  
Ashwagandha  
Magnesium  
Melatonin  
Vitamin D3

THB 3,900

### STRESS BUSTER

Aswagandha  
Magnesium  
Melatonin  
Rhodiola Rosea  
Valerian

THB 3,900

### BRAIN BOOSTER

CoEnzyme  
L-Carnitine  
Melatonin  
Panax Ginseng

THB 4,900

### ENERGY BOOSTER

Ashwagandha  
Co enzyme Q10  
L-carnitine  
Magnesium  
Rhodiola Rosea

THB 5,900

### IMMUNITY BOOSTER

Black Cumin  
L-Carnitine  
Melatonin  
Vitamin D3  
Zinc

THB 5,900

### HAIR AND NAIL BOOSTER

Specially formulated to promote hair and nail growth, Hair and Nail Booster contains collagen and biotin to support your hair's healthy shine and bounce, selenium to reduce dandruff, as well as zinc, keratin and Vitamin A to improve the condition of damaged nails at the cellular level.

THB 2,200

### GUT HEALTH BOOSTER

Improve your digestive work with a formula combining probiotics and digestive enzymes, as well as peppermint oil and ginger extract to ease abdominal discomfort, Psyllium for improved bowel movements, and L-Glutamine for a balanced gut microbiome and reduced inflammation.

THB 3,900

### PERSONALISED SUPPLEMENT

Personalized supplement recommendations available upon request.

# SUPPLEMENTS

## MULTI VITAMIN SHOT

Multi Vitamin Shot M+  
or Multi Vitamin Shot W+  
"A premium multivitamin for men and women designed to optimize your daily nutritional needs, enriched with CoQ10 and BCAAs to support your energy, immune system, and overall health.

THB 2,500



## VIVID LIQUID SUPPLEMENTS

VIVID BY VERITA Health unveils premium liquid supplement. A set of three new formulas elixirs for the always-on-the-go jetsetter

Each box contains 3 VIVID Liquid Supplement sachets in refreshing flavors.

THB 250



# OLIGOSCAN TEST

## **What is OligoScan?**

OligoScan, the industry's most trusted device for instant heavy metal analysis, uses a spectrophotometer to read the minerals and elements in your deep tissue to identify deficiencies and excess trace elements. After a quick pain-free test, our consultant will go through the report with you to determine which therapies you need and which ingredients we can tailor to enhance the benefits.

## **What is included in OligoScan report?**

- Toxins and heavy metals which can lead to poisoning
- Oxidative stresses including ageing and health concerns
  - Deficiencies and excess trace elements.

## **Why book OligoScan?**

Before making any lifestyle change or overhauling your beauty and wellness routine, a quick OligoScan test will help you understand the specific needs of your body, including any vitamins and minerals that you might be deficient in. For better results, combine with lab tests to determine nutritional needs.

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**THB 8,900**

# AESTHETICS

At the forefront of anti-ageing treatments, VIVID's aesthetic doctors work magic with Botox and fillers to lift, tighten, contour and sculpt facial features. Erase the years and redefine your appearance while maintaining a natural look. Our clinic uses only the best products from the US and Korea.

## **BOTOX**

**SMOOTH + CORRECT**



Fight the signs of ageing by reducing the appearance of fine lines and wrinkles.

Enhance your profile with a V-shaped contour or put an end to excessive sweating.

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**Korea**  
**USA**

**THB 190 (per unit)**  
**THB 300 (per unit)**

## **DERMAL FILLERS**

**LIFT + CONTOUR**



Rejuvenate your face by augmenting cheeks or by contouring chin and jaw-line.

Plump out sunken eyes or add subtle volume to your lips for a natural look.

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**Starts from**

**THB 20,000**

# Terms & Conditions



- We recommend booking your treatment at least 24 hours in advance.
- Our treatments are suitable for those aged 18 years and older.
- Not recommended for customers with G6PD deficiency, severe chronic diseases, and history of cancer. If you have a chronic disease or are taking medication, please notify the team.
- VIVID reserves the right to adjust vitamin levels in IV drips, at the discretion of physicians, for the best results.
- To provide a safe and professional service, VIVID reserves the right to postpone or deny the service, should there be any contraindication.
- An on-demand consultation with a doctor can be booked for THB 1,800 per session with a two-day advance notice.
- Abstaining from food and drink is not required prior to the test.



# VIVID

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